



January 25, 2026 | Third Sunday in Ordinary Time

What's Your Spiritual Resolution?

Did you make any New Year's resolutions at the start of this year? If so, how have you been doing thus far with seeing them through?

Whether it's starting a new hobby, embarking on a new exercise routine, giving something up for a specific amount of time, or making certain promises, the start of another new year has traditionally allowed us to see the world with new eyes and a "fresh start," so to speak. There is something beautiful about leaning into the hopefulness and possibility of a brand-new year, especially when the realities of pain and hardship are so jarringly present in the news and current events of our lives.

But as we set New Year's resolutions for ourselves and make plans to see them to completion, how often do we also consider resolutions that impact our inner spiritual lives? Perhaps bettering our Mass attendance or resolving to go to confession more often are options that readily come to mind—but are there some other creative and nuanced ways that we can consider when it comes to enriching our spiritual lives in this new year?

In this Sunday's Gospel from Matthew, Jesus calls two sets of brothers, Peter & Andrew and James & John, to leave behind their fishing nets and their families to come and follow him: "Come after me, and I will make you fishers of men."

Not knowing what was to come, the first four Apostles dropped everything and followed Jesus. They left behind lives that held more assurance and perhaps, more security, and instead resolved to follow a Teacher whom they believed would change everything.

In a similar fashion, our own St. Ignatius of Loyola made a resolution. After a life-changing war injury confined him to a bed for many months, and having nothing else to read or ponder during his long convalescence other than *The Life of Christ* and a book about the lives of the Saints, Ignatius felt compelled to give his life to follow Jesus. When he was well enough to travel, he decided to give up a life of chivalry as a soldier and instead commit himself to a life of holiness and spiritual pilgrimage—a decision that would not only change the trajectory of his own life, but one that would have a reverberating impact for over 500 years and counting.

The best resolutions, if truly committed to, become transformative choices. In our spiritual lives, God is always inviting us into deeper relationship. The words spoken to the Apostles by Jesus, "come and follow me," are endlessly echoed to us—it is only up to us to decide when and how to respond.

So, what if our own spiritual resolutions this year are only focused on answering one question: What can I resolve to do (or not do) this year to further deepen and strengthen my relationship with God?

Perhaps your answer is going to Mass more often or returning to the sacrament of reconciliation again after a long absence. Or perhaps you might be drawn towards a call to do something new: to join a new ministry group at the parish, to offer more of yourself in service to others, to share an area of abundance in your life with those who might not have that same privilege of abundance, to read that spirituality book that has been sitting on your bookshelf for a long time, or to seek out spiritual counseling for a challenge that you have only previously faced on your own. Maybe it's participating in a spiritual retreat, either here at St. Ignatius or at a retreat house, or finally inquiring about finding a Spiritual Director with whom you can have ongoing spiritual conversations about your prayer life.

Let's follow the call to be courageous, as the Apostles and St. Ignatius were in resolving to follow Christ. Whatever might be stirring your heart at this moment, don't be afraid to make a new resolution. I promise you—it's never too late to try.

+AMDG+

— Roxanne De La Torre
Pastoral Associate for Ignatian Spirituality & Faith Formation

Parish Mission Statement

*The love of Christ impels us to welcome all,
to worship joyfully and pray fervently,
to walk together with those in need, and
to reverence God in the wonder of Creation.*

This Week at a Glance

TUESDAY, JANUARY 27th
War and Peace Committee.
7 PM. Parish House.

Family Ministry

Mardi Gras Pizza & Bingo Night
Saturday, February 7th
6 PM to 8:30 PM in Wallace Hall

Family Ministry is hosting a fundraiser for the Red Cloud School reservation education. Grab your friends and a table for a fun night of pizza and games.

WAYS TO PARTICIPATE:

Get a Table: \$200 (8–10 people), includes bingo cards, pizza, salad, raffle tickets, and desserts
Or, bring a \$25 check per person.

Please note: Additional bingo cards are available for purchase at the event.

This is a BYOB (Wine and Beer only).
Water, coffee, and tea will be provided.

We need volunteers who can help with preparation/food serving, or activities. If you would like to donate prizes, send us an email. Please let us know if you can help.

To RSVP, email
parentcommittee.familyministry@gmail.com.

Lent and Sacrifice Through the Coptic Lens

Thursday, February 26th in Wallace Hall
6:30 PM (doors open)

7 PM to 8 PM (discussion and Q&A)
8 PM to 8:30 PM (fellowship and light refreshments)

Join us as we explore the observance of Lent from a Coptic perspective and learn of the extraordinary example of the 21 men martyred for their faith in 2105. We will be screening “The 21”, which tells their story powerful short film shaped by Neo-Coptic iconography, a moving tribute to bravery, sacrifice, and faith.

To register, email ignatianinterfaithministry@gmail.com
by Friday, February 20th.

George Washington and Abraham Lincoln: Character, Image, Leadership, and Personality

Tuesday, February 10th at 1 PM
Wallace Hall

Circle of Friends welcomes back Helen Lee, our November 2025 lecturer, for its February program celebrating Presidents’ Day. The program will explore the two presidents honored in February—George Washington and Abraham Lincoln—examining their character, leadership, personality, and public image as expressed through art, writings, and photography.

George Washington’s image was carefully shaped not only by artists and historians, but by Washington himself. Nearly one hundred years later, Abraham Lincoln faced the challenge of creating a convincing public image in a very different era—one in which photography played a crucial role. With the help of the camera, Lincoln succeeded in shaping how he would be seen and remembered.

Join us for coffee, cookies, and conversation as we explore the powerful ways images and ideas helped shape the presidencies of George Washington and Abraham Lincoln.

Registration is required at silcircleoffriends@gmail.com. There is no fee for this program, but a free-will donation is appreciated.

The Spiritual Exercises as a School for Cultivating a Sacramental Imagination

Saturday, February 14th in Wallace Hall
8:30 AM to 12:30 PM

PRESENTER: FR. KEVIN O'BRIEN, S.J.

Fr. Kevin O'Brien, S.J., author of the bestselling books *The Ignatian Adventure* and *Seeing with the Heart*, will explore how Ignatius' *Spiritual Exercises* can help us “find God in all things” through the development of a sacramental imagination. He will suggest how such an approach to living, loving, and serving impacts our understanding of the church and our ministry. This morning of reflection will offer times for personal prayer and common sharing.

To register, visit tinyurl.com/LMEWinter2026.

Lenten Blood Drive

Sunday, March 1st
9 AM to 3 PM

Grammar School's McKinnon Hall
at 48 East 84th Street

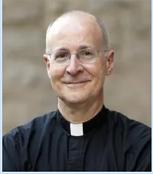
To register, scan the QR code at left.



Book Launch

Work in Progress by Fr. James Martin, S.J.
Monday, February 2nd at 7 PM
Wallace Hall

Join us for the launch of Fr. James Martin's newest book, *Work in Progress*.



Work in Progress is a coming-of-age memoir set in the 1960s and 1970s, tracing Father Martin's early years as he stumbles—often unprepared—into a series of jobs he never imagined himself doing.

From restaurant kitchens to golf courses to factory floors, he learns on the fly, usually uncomfortable and out of place, but always in need of a paycheck.

Told with humor and humility, this “spiritual memoir told slant” offers a fresh perspective on faith, work, and growing up. Illustrated with photographs from his youth, each chapter recounts small failures and quiet lessons, revealing how even the most disliked jobs can teach us about adulthood, human nature, and life itself.

Lectures at St. Ignatius

Walking Together: An Eyewitness Account of Pope Francis's Legacy of Synodality and the Renewal and Reform of the Church

Monday, February 9th at 7 PM
Wallace Hall

PRESENTER

REV. A.E. OROBATOR, S.J., DEAN, JESUIT SCHOOL OF THEOLOGY OF SANTA CLARA UNIVERSITY



Pope Francis believed that “it is precisely this path of synodality which God expects of the Church of the third millennium.” As a participant in the Synod on Synodality (2021-2024), Fr. Orobator will offer an eyewitness account of the gifts and opportunities, promises and prospects of synodality for the renewal and reform of the Church in its local and global manifestations.

Meeting Christ in Prayer

Wednesdays, February 4th to March 25th
7 PM on Zoom

Meeting Christ in Prayer is an interactive 8-week guided prayer experience for small groups. Based on the *Spiritual Exercises* of St. Ignatius Loyola, it introduces participants to various ways of praying and provides an opportunity to support one another through faith sharing. Join us as we approach Lent and Easter.



To register, email MCIP@nycignatius.org or scan the QR code at left. You will receive further information about the retreat as well as a request for a good faith offering to cover the necessary materials.

Prayers & Warm Wishes

Bernie Reilly, our longtime parish photographer and faithful 7:30 PM sacristan, is currently convalescing following an illness. Notes of encouragement, prayers, and warm wishes from our parish community would be a wonderful way to let him know he is in our thoughts and prayers during his recovery.

Please drop off greeting cards and messages for Bernie at the Parish House.

Ignatian Spirituality

When Ignatius Was Young: A 4-Month Retreat for Young Adults Based on the *Spiritual Exercises* of Ignatius of Loyola
Starting Saturday, February 7th
9 AM to 3 PM
Wallace Hall

FACILITATORS:

FR. JONATHAN PENNACCHIA, S.J., AND
ROXANNE DE LA TORRE, PASTORAL ASSOCIATE

The William J. Bergen S.J. Office of Ignatian Spirituality & Faith Formation, in partnership with the UEA Jesuit Province's Ignatian Young Adult Ministries, invites all those in their 20s & 30s to consider registering for "When Ignatius Was Young: a 4-Month Retreat for Young Adults Based on the *Spiritual Exercises* of Ignatius of Loyola."

Join a cohort of young adults who are excited to take a deep dive into Ignatian Spirituality and seek a deeper relationship with Jesus.

Must be able to attend the following in-person sessions:
February 7th, February 21st, March 7th, April 25th, and
May 23rd



To register, scan the QR code at left or email delatorrer@nycignatius.org. Registration deadline is Wednesday, February 4th.

CHURCH OF ST. IGNATIUS LOYOLA

980 Park Avenue at 84th Street • New York, New York 10028

(212) 288-3588 • Fax: (212) 734-3671 • ignatius.nyc

PARISH STAFF

Pastor

Rev. Dennis J. Yesalonia, S.J.

Associate Pastors

Rev. Mark C. Hallinan, S.J.

Rev. Michael P. Hilbert, S.J.

Assisting Priest

Rev. James Martin, S.J.

Pastoral Year Priest

Rev. Jonathan P. Pennacchia, S.J.

In Residence

Rev. James A. Casciotti, S.J.

Pastoral Associates

Roxanne De La Torre

Kate Noonan

Brian Pinter

Jean Santopatre

Pastoral Assistant

Maureen Haley

Music Ministries

Jen Arvay Kefalas Robert Reuter

Daniel Beckwith Michael Sheetz

Christina Kay Elizabeth Van Os

Douglas Purcell

Scott Warren, *Director*

Assistant to the Pastor

Rebecca Brucas

Director of Communications

Elizabeth O'Sullivan

Director of Facilities

Robert Cisternino

Facilities Coordinator

Pattie Hughes

Parish Administrative Assistant

Caitlin Caruso

Treasurer

Fernando Castro

Weekday Masses (Monday – Friday)

8:30 AM, 12:10 PM, and 5:30 PM

Saturday: 8:30 AM

Masses for Next Weekend

Saturday Vigil 5:30 PM Fr. Hilbert

Sunday: 8:00 AM Fr. Casciotti

9:30 AM Fr. Yesalonia

Wallace Hall Mass 11:00 AM Fr. Pennacchia

Solemn Mass 11:00 AM Fr. Hallinan

7:30 PM Fr. Hallinan

Religious Education for Children

Ms. Kate Noonan, Director

(212) 288-3588 x609

noonank@nycignatius.org

Saint Ignatius Loyola School

Upper Campus

(First Grade through Eighth Grade)

Ms. Mary Larkin, Head of School

M.S. Ed. (Admin.), M.S. Ed. (Literacy)

48 East 84th Street

(212) 861-3820 | Fax: (212) 879-8248

Lower Campus

(PreK-3 through Kindergarten)

Ms. Mary Larkin, Head of School

240 East 84th Street

(212) 734-6427 | Fax: (212) 734-6972

Children's Liturgy of the Word

Sundays at the 9:30 AM Mass.

Confessions

4:30 PM Saturday, 6:30 PM Sunday,

or by appointment.

Baptisms

Please contact Maureen Haley at

baptisms@nycignatius.org

to arrange for a Baptism and

the preparation given prior to Baptism.

Order of Christian Initiation for Adults

Contact Maureen Fullam, M.A.,

Director, at the Parish House.

Marriages

The Bride or Groom should contact

Maureen Haley at

weddings@nycignatius.org

to begin preparation for Marriage,

normally one year in advance.

Visits to the Sick

Please contact the Parish House

between the hours of

9:00 AM and 9:00 PM.

Ignatian Young Adults (IYA)

For more information about our IYA

ministry, email Jean Santopatre at

santopatrej@nycignatius.org.

Announced Masses and Readings for the Week

Monday, January 26th

(*Ss. Timothy & Titus*)

2 Timothy 1:1–8 Psalm 96

Mark 3:22–30

8:30 MEM William Leary

12:10 MEM Robert Dunne

5:30 MEM Peggy Ann Tiernan

O'Brien

Tuesday, January 27th

(*St. Angela Merici*)

2 Samuel 6:12b–15, 17–19 Psalm 24

Mark 3:31–35

8:30 MEM John Giordano

12:10 MEM Louis Charles Barbara

5:30 MEM Mary Peterson

Wednesday, January 28th

(*St. Thomas Aquinas*)

2 Samuel 7:4–17 Psalm 89

Mark 4:1–20

8:30 MEM Diane Cassano

12:10 MEM Michael Strub

5:30 MEM Willie O'Shaughnessy

Thursday, January 29th

(*3rd Thursday in Ordinary Time*)

2 Samuel 7:18–19, 24–29 Psalm 132

Mark 4:21–25

8:30 MEM Living & Deceased

Members of the Ed Lopez, Sr., Family

12:10 MEM Lawrence D. Dupuis

5:30 MEM Nora Halligan

Friday, January 30th

(*3rd Friday in Ordinary Time*)

2 Samuel 11:1–4a, 5–10a, 13–17

Psalm 51 Mark 4:26–34

8:30 MEM Joseph J. Kantakevich

12:10 MEM Helen & Charles

Regan

5:30 MEM William Powers

Saturday, January 31st

(*St. John Bosco*)

2 Samuel 12:1–7a, 10–17 Psalm 51

Mark 4:35–41

8:30 MEM Hilda Handal

Sunday, February 1st

(*4th Sunday in Ordinary Time*)

Zephaniah 2:3, 3:12–13 Psalm 146

1 Corinthians 1:26–31

Matthew 5:1–12a