

Date _____

Application for Spiritual Direction

Thank you for your interest in spiritual direction. In order to allow us to know you better and to connect you with a potential spiritual director, we ask you please to consider carefully the information requested and respond as fully as possible. The information you offer will be held in the strictest confidence and will be used only for this purpose. It will be shared with your director to help him/her accompany you.

Name _____ Age _____

Address _____

Phone numbers:

Cell _____ Home _____ Work _____

E-mail _____

Marital Status _____ Occupation _____

Do you have a regular prayer practice? If so, tell us more about it.

What, if any, has been your past experience of spiritual direction (within a retreat setting? ongoing individual direction?) Please tell us more about it.

If you are new to spiritual direction, what prompts you to enter this experience at this time?

Will you be comfortable sharing your prayer experience? Do you have any reservations?

With regard to your health, have you had surgery, been on medication, or received therapy or psychological counseling within the last year? If yes, what would be helpful for us to know about?

Preference in a Director: Female _____ Male _____ Lay _____ Clergy _____
Religious _____ No Preference _____

When are you available for spiritual direction meetings? Days?
Evenings? Weekends? Preferred Times? _____

Emergency Contact Information:

Name _____ Relationship _____ Phone _____

Is there anything else that you think it would be helpful for us to know in advance: background, expectations, concerns, etc.

Please leave completed application marked for Spiritual Direction at the reception desk at St. Ignatius Parish House, 980 Park Ave at 84th Street, or e-mail to hilbertm@saintignatiusloyola.org.